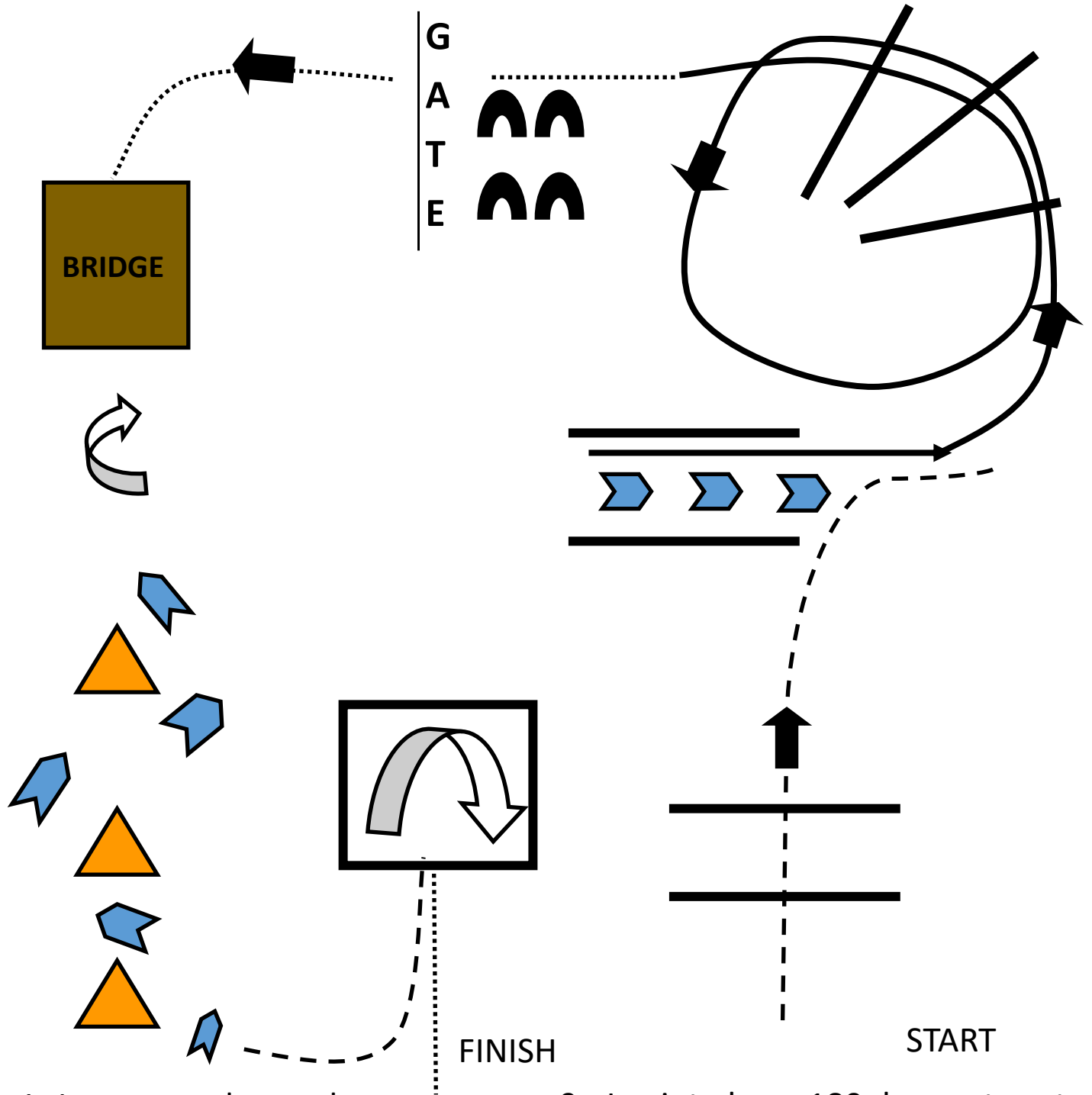


# ALL TRAIL (IN HAND WALK OVER LOPE MANUEVER)



1. Jog over poles to chute.
2. Back through chute.
3. Lope Left lead out of chute.
4. Lope a circle through poles.
5. Walk to gate, work gate with left hand.
6. Walk to and over bridge.
7. Turn 180 degrees to the left.
8. Back a serpentine through cones.

9. Jog into box. 180 degree turn to the right and walk out.

Walk	.....
Jog	-----
Lope	—————
Back	➡ ➡